



Leicester Neptune Swimming Club

April 2016

BIRTHDAYS

Tyla Malcom 1st
Rajan Billan 1st
Sophie Bagnall 6th
Davina Sicoira 6th
Daanyal Daud 8th
Alex Cousens 14th
Taio Kong 14th
Emily Langton 14th
Alex Roth 15th
Katie Shelton 15th
Charles Sneesby 15th
Kameron Ram 15th
Emma York 16th
Charlie Goddard 19th
Yasmin Jahangir 21st
Charlie Burton 22nd
Keira Beswick 23rd
Daisy Robson-Jones 24th
Katie Radburn 25th
Lewis Newcombe 27th
Yasmina Abohoussin 28th
Kailan Chauhan 30th
Hoi-Mei Wilson 30th

**HAPPY
BIRTHDAY!**

'Club is leading force in the county' ~ Leicester Mercury

"Leicester Neptune are fast becoming one of the county's leading forces. The volunteer run club have made vast improvements during the past few years and now have swimmers regularly competing for titles and honors.

Last year the club finished second in the Diddy league and third in the LASA Young Teams gala in their debut Division One season, while the B team narrowly missed out on promotion to the top tier at their first attempt.

This year 45 of the Club's swimmers took part in the county championships. Leading the way for Neptune was 14-year old Chelsea McKay, who was crowned 400m IM open champion and also finished among the top 3 juniors in the 100m Butterfly, 200m Butterfly and 200m IM. In the age group section for swimmers 10-14, ten Neptune members - Foteini Kalkani, Jenson Johns, Oliver Kang, Bhavesh

Parmesseur, Hayley Cliffe, Laura Luthi, Lewis Newcombe, Austin Johns, Christopher Sneesby and Katie Shelton – gained trophies for overall top 10 FINA points positions. That was an improvement from 2 in 2012.

Overall Neptune swimmers achieved 55 medals, up from 18 four years ago. McKay, Sneesby, Austin Johns plus, Kate McCallister and Daisy Robson-Jones, have notched up 28 regional qualification times between them, and with two months left of the qualification window, that number is set to increase. The regional championships take place at Ponds Forge and Corby in May. Chelsea McKay will also compete at the International Children's Games in Taipei in June along with seven City Of Leicester teammates.

Neptune train at Evington Leisure Centre, De Montfort University and Loughborough University. They also work closely with City of Leicester Swimming Club."



FIXTURES

9th April – Diddy League – A team Hinckley – Arrive by 5.15
– B team Wigston – Arrive by 5.45
– C team Braunstone – Arrive by 5.45

(COL Open Meet swimmers expected to compete but may leave early)

Volunteering

Did you know that everyone involved in the running of our club currently is a volunteer?

Without all of these people working tirelessly behind the scenes, the club wouldn't be as great as it is! A special mention this month goes to Neil Kirk who recently passed his ASA Level 1 Coaching course and has taken on extra duties especially on a Friday night.

We have lots of volunteering roles available right now ranging from helping with coaching to taking money and making posters! If you would like to become part of our volunteer team, please let me know.

Helen Atton (Workforce Officer)

Masters News

Two masters events took place in March. The first saw Yasmin, (technically not old enough to be a "master"), come in first and second in her sge group in events at the Yorvik Sprints in Leeds and the second, Calverton & Bingham Masters Meet in Hucknall, saw Nick Bird making his masters debut by comfortably securing first place in the 50m FC with the third fastest swim of the whole meet.

Coming up there is an intercounty masters gala taking place at the beginning of June, so if you would like to be considered, let me know and I will forward your times to the county rep. Before this, on the 24th of April, there is the Grantham Swimming Club Short Course Masters Meet. Most of the events are short distances, so this is a good introductory masters gala and several other Leicester clubs will have swimmers participating too. The closing data is the 17th of April and the details can be found here: <http://swim-club.org/node/444>

Well Done Alison!

8 years ago Alison was a typical spectator watching her son train from the side of the pool. Out of sheer boredom and without any swimming background she decided to become a poolside helper. 8 years on she is currently taking her level 3 coaching course and has just taken on the post as head of the development program at City of Leicester County swim squad!

She will still continue her coaching role at LNSC but as of summer 2016 will be a full time swimming instructor splitting her time between both Leicester Neptune and the County Squad.

Well done from LNSC!!!!

Social Media

LNSC is now on
Twitter!!!

Keep up with what our
swimmers are up too
with regular updates
on our twitter page



#Inscswimmers
@Inscswimmers

LNSC is also on
Facebook!

If you haven't
already, ask Alison
or Helen to be
added to the
Facebook group
which often includes
gala reports and
training updates.

