

PBs 22/01/2016

LASA

Braunstone

Pool Length 25m

<i>Name</i>	<i>PB</i>	<i>Prev. PB Lifetime</i>	<i>Prev PB Last 12 months</i>	<i>Stroke</i>	<i>Age</i>	<i>Improvement</i>	
Austin Johns	19.34.70	20.37.25	20.37.25	1500m Free	12	62.55	New Club Record.
Daisy Robson-Jones	11.08.30	11.45.84	11.45.84	800m Free	12	37.54	
Harry Preston	21.42.69	22.20.58	22.20.58	1500m Free	13	37.89	
Kate McCallister	10.24.34	10.54.07	10.54.07	800m Free	13	29.73	
Katie Shelton	10.34.54	11.06.57	11.06.57	800m Free	14	32.03	
Chelsea McKay	09.16.05	09.24.71	09.24.71	800m Free	15	00.01	New Club Record.

Number of Pbs Achieved 6

Number of 1st places

Number of Disqualifications

23 January 2016

PBs 23/01/2016

LASA

Braunstone

Pool Length

25m

<i>Name</i>	<i>PB</i>	<i>Prev. PB Lifetime</i>	<i>Prev PB Last 12 months</i>	<i>Stroke</i>	<i>Age</i>	<i>Improvement</i>	
Jenson Johns	3.19.18	3.24.74	3.24.74	200m Back	10	05.56	
Jenson Johns	6.16.72	6.34.94	6.34.94	400m Free	10	18.22	
Hayley Cliffe	5.55.59	6.27.90	6.27.90	400m Free	11	32.31	
Keeva Stopforth	6.00.65	6.18.06	6.18.06	400m Free	11	17.41	
Laura Luthi	5.53.13	6.03.11	6.03.11	400m Free	11	09.98	
Lewis Newcombe	3.04.38	3.05.82	3.05.82	200m Back	11	01.44	
Lewis Newcombe	1.22.78	1.24.50	1.24.50	100m Back	11	01.72	
Lewis Newcombe	5.46.09	6.03.68	6.03.68	400m Free	11	17.59	
Austin Johns	1.17.50	1.17.68	1.17.68	100m Back	12	00.18	
Austin Johns	2.44.27	2.51.31	2.51.31	200m Back	12	07.04	
Austin Johns	5.04.87	5.10.37	5.10.37	400m Free	12	05.50	
Daisy Robson-Jones	1.19.64	1.22.32	1.22.32	100m Fly	12	02.68	
Harry Preston	1.17.63	1.21.92	1.21.92	100m Back	13	04.29	
Harry Preston	2.44.48	2.52.21	2.52.21	200m Back	13	07.73	
Kate McCallister	1.16.37	1.18.42	1.18.42	100m Fly	13	02.05	
Kate McCallister	4.59.54	5.22.24	5.22.24	400m Free	13	22.70	
Christopher Sneesby	4.40.23	4.51.32	4.51.32	400m Free	14	11.09	
Christopher Sneesby	1.12.18	1.12.61	1.12.61	100m Back	14	00.43	
Katie Shelton	5.10.18	5.18.08	5.18.08	400m Free	14	07.90	
Chelsea McKay	4.34.21	4.44.55	4.44.55	400m Free	15	10.34	New Club Record.
Chelsea McKay	1.07.52	1.07.72	1.07.72	100m Fly	15	00.20	New Club Record.
Rakshansingh Parmessur	1.11.83	1.12.10	1.12.10	100m Back	15	00.27	
Rakshansingh Parmessur	4.39.80	4.48.49	4.48.49	400m Free	15	08.69	New Club Record.

Number of Pbs Achieved 23

Number of 1st places

Number of Disqualifications

28 January 2016

PBs 24/01/2016

LASA

Braunstone

Pool Length 25m

<i>Name</i>	<i>PB</i>	<i>Prev. PB Lifetime</i>	<i>Prev PB Last 12 months</i>	<i>Stroke</i>	<i>Age</i>	<i>Improvement</i>	
Foteini Kalkanis	3.42.12	3.43.10	3.43.10	200m Breast	10	00.98	
Jenson Johns	3.32.21	3.41.70	3.41.70	200m Breast	10	09.49	
Oliver Kang	3.49.23	4.10.59		200m Breast	10	21.36	
Hayley Cliffe	3.10.11	3.11.50	3.11.50	200m Back	11	01.39	
Hayley Cliffe	1.32.47	1.33.73	1.33.73	100m Back	11	01.26	
Keeva Stopforth	3.10.14	3.34.55	3.34.55	200m Back	11	24.41	
Keeva Stopforth	1.31.12	1.35.13	1.35.13	100m Back	11	04.01	
Laura Luthi	1.31.17	1.35.53	1.35.53	100m Back	11	04.36	
Laura Luthi	3.42.00	3.43.05	3.43.05	200m Breast	11	01.05	
Laura Luthi	3.21.80	n/a		200m Back	11	New Time	
Lewis Newcombe	3.41.05	3.50.54	3.50.54	200m Breast	11	09.49	
Austin Johns	3.06.16	3.06.53	3.06.53	200m Breast	12	00.37	New Club Record.
Austin Johns	1.14.24	1.15.95	1.15.95	100m Fly	12	01.71	
Daisy Robson-Jones	3.19.36	3.23.12	3.23.12	200m Breast	12	03.76	
Daisy Robson-Jones	1.26.41	n/a	1.28.29	100m Back	12	New Time	
Daisy Robson-Jones	3.02.98	3.03.16	3.03.16	200m Back	12	00.18	
Emily Langton	3.35.42	3.42.14	3.42.14	200m Breast	12	06.72	
Grace Mayes	1.20.79	1.23.54	1.25.36	100m Back	13	02.75	
Grace Mayes	2.53.63	3.02.08	3.02.08	200m Back	13	08.45	
Kate McCallister	3.10.12	3.10.71	3.10.71	200m Breast	13	00.59	
Christopher Sneesby	3.04.42	3.09.45	3.09.45	200m Breast	14	05.03	
Katie Shelton	2.42.42	2.51.51	2.51.51	200m Back	14	09.09	
Chelsea McKay	2.47.42	2.51.35	2.51.35	200m Breast	15	03.93	New Club Record.
Claire Sun	2.49.01	2.52.49	2.52.49	200m Back	15	03.48	
Rakshansingh Parmessur	3.01.85	3.04.62	3.04.62	200m Breast	15	02.77	
Rakshansingh Parmessur	1.09.58	1.10.14	1.10.14	100m Fly	15	00.56	

Number of Pbs Achieved 26

Number of 1st places

Number of Disqualifications

28 January 2016

PBs 30/01/2016

LASA

Loughborough Uni.

Pool Length 50m

<i>Name</i>	<i>PB</i>	<i>Prev. PB Lifetime</i>	<i>Prev PB Last 12 months</i>	<i>Stroke</i>	<i>Age</i>	<i>Improvement</i>	
Foteini Kalkanis	1.28.06	1.31.47	1.31.47	100m Free	10	03.41	
Jenson Johns	2.53.76	3.08.96	3.08.96	200m Free	10	15.20	
Jenson Johns	3.23.79	3.31.60	3.31.60	200m Ind Medley	10	07.81	
Oliver Kang	3.04.38	3.08.15	3.08.15	200m Free	10	03.77	
Hayley Cliffe	1.33.84	1.35.63	1.35.63	100m Breast	11	01.79	
Hayley Cliffe	1.19.66	1.24.05	1.24.05	100m Free	11	04.39	
Keeva Stopforth	1.20.96	1.23.97	1.23.97	100m Free	11	03.01	
Laura Luthi	1.19.08	1.19.12	1.19.12	100m Free	11	00.04	
Lewis Newcombe	2.46.92	2.49.06	2.49.06	200m Free	11	02.14	
Austin Johns	2.45.30	2.46.19	2.46.19	200m Ind Medley	12	00.89	
Austin Johns	2.29.71	2.30.83	2.30.83	200m Free	12	01.12	
Austin Johns	2.50.11	2.56.63	2.56.63	200m Fly	12	06.52	New Club Record.
Daisy Robson-Jones	1.12.98	1.13.45	1.14.60	100m Free	12	00.47	
Benjamin Cliffe	2.43.10	2.49.62	2.49.62	200m Free	13	06.52	
Kate McCallister	1.32.22	1.32.58	1.32.58	100m Breast	13	00.36	
Kate McCallister	1.11.68	1.13.67	1.13.67	100m Free	13	01.99	
Kate McCallister	5.56.09	6.23.99	6.23.99	400m Ind Medley	13	27.90	
Christopher Sneesby	2.39.31	2.40.68	2.40.68	200m Ind Medley	14	01.37	
Katie Shelton	1.09.36	1.09.69	1.09.69	100m Free	14	00.33	
Chelsea McKay	5.14.70	5.21.33	5.21.33	400m Ind Medley	15	06.63	New Club Record.

Number of Pbs Achieved 20

Number of 1st places

Number of Disqualifications

31 January 2016

PBs 31/01/2016

LASA

Loughborough Uni

Pool Length 50m

<i>Name</i>	<i>PB</i>	<i>Prev. PB Lifetime</i>	<i>Prev PB Last 12 months</i>	<i>Stroke</i>	<i>Age</i>	<i>Improvement</i>	
Foteini Kalkanis	3.10.86	3.19.50	3.19.50	200m Free	10	08.64	
Jenson Johns	1.42.47	1.43.24	1.43.24	100m Breast	10	00.77	
Jenson Johns	1.18.09	1.19.37	1.19.37	100m Free	10	01.28	
Oliver Kang	1.46.81	1.47.47	1.47.47	100m Breast	10	00.66	
Oliver Kang	1.24.90	1.28.10	1.28.10	100m Free	10	03.20	
Hayley Cliffe	3.14.16	3.20.41	3.20.41	200m Ind Medley	11	06.25	
Hayley Cliffe	2.51.69	2.55.34	2.55.34	200m Free	11	03.65	
Laura Luthi	2.52.16	2.55.47	2.55.47	200m Free	11	03.31	
Lewis Newcombe	1.18.11	1.18.60	1.18.60	100m Free	11	00.49	
Austin Johns	1.31.17	1.31.23	1.31.23	100m Breast	12	00.06	
Austin Johns	1.08.79	1.08.90	1.08.90	100m Free	12	00.11	
Daisy Robson-Jones	3.05.40	3.06.33	3.06.33	200m Fly	12	00.93	
Daisy Robson-Jones	2.38.40	2.46.70	2.46.70	200m Free	12	08.30	
Grace Mayes	2.42.75	2.43.22	2.43.22	200m Free	13	00.47	
Kate McCallister	2.47.56	2.52.25	2.52.25	200m Ind Medley	13	04.69	
Kate McCallister	2.28.76	2.33.93	2.33.93	200m Free	13	05.17	
Christopher Sneesby	1.28.98	1.31.00	1.31.00	100m Breast	14	02.02	
Katie Shelton	2.44.50	2.50.86	2.50.86	200m Ind Medley	14	06.36	
Mine Avul	2.38.89	2.39.38	2.39.38	200m Free	14	00.49	
Chelsea McKay	2.34.88	2.35.76	2.39.67	200m Ind Medley	15	00.88	New Club Record.
Rakshansingh Parmessur	1.02.57	1.02.76	1.02.76	100m Free	15	00.19	

Number of Pbs Achieved 21

Number of 1st places

Number of Disqualifications

01 February 2016

PBs 06/02/2016

LASA

Braunstone

Pool Length

25m

<i>Name</i>	<i>PB</i>	<i>Prev. PB Lifetime</i>	<i>Prev PB Last 12 months</i>	<i>Stroke</i>	<i>Age</i>	<i>Improvement</i>
Foteini Kalkanis	1.33.67	1.39.76	1.39.76	100m Ind Medley	10	06.09
Jenson Johns	1.30.48	1.30.48	1.30.48	100m Ind Medley	10	00.00
Jenson Johns	1.30.48	1.30.48	1.30.48	100m Ind Medley	10	00.00
Jenson Johns	41.24	42.78	42.78	50m Back	10	01.54
Oliver Kang	1.35.62	1.42.09	1.42.09	100m Ind Medley	10	06.47
Oliver Kang	44.72	45.50	45.50	50m Fly	10	00.78
Hayley Cliffe	1.26.53	1.32.31	1.32.31	100m Ind Medley	11	05.78
Keeva Stopforth	43.87	45.12	45.12	50m Back	11	01.25
Keeva Stopforth	1.33.67	1.35.47	1.35.47	100m Ind Medley	11	01.80
Laura Luthi	41.09	41.55	41.55	50m Back	11	00.46
Laura Luthi	1.27.45	1.30.51	1.30.51	100m Ind Medley	11	03.06
Lewis Newcombe	41.10	41.22	41.22	50m Fly	11	00.12
Lewis Newcombe	39.71	40.09	40.09	50m Back	11	00.38
Lewis Newcombe	1.27.46	1.29.52	1.29.52	100m Ind Medley	11	02.06
Austin Johns	1.16.01	1.19.20	1.19.20	100m Ind Medley	12	03.19
Austin Johns	35.48	35.74	35.79	50m Fly	12	00.26
Daisy Robson-Jones	1.21.69	1.23.91	1.23.91	100m Ind Medley	12	02.22
Emily Langton	1.31.21	1.31.25	1.31.25	100m Ind Medley	12	00.04
Benjamin Cliffe	37.51	38.20	38.20	50m Back	13	00.69
Benjamin Cliffe	1.22.17	1.26.42	1.26.42	100m Ind Medley	13	04.25
Grace Mayes	38.02	38.36	38.36	50m Back	13	00.34
Harry Preston	1.20.22	1.25.57	1.25.57	100m Ind Medley	13	05.35
Harry Preston	36.65	37.41	37.71	50m Back	13	00.76
Kate McCallister	34.48	34.99	37.73	50m Fly	13	00.51
Kate McCallister	38.64	38.82	38.82	50m Back	13	00.18
Kate McCallister	1.19.05	1.19.14	1.22.93	100m Ind Medley	13	00.09
Christopher Sneesby	34.36	34.66	34.66	50m Back	14	00.30
Christopher Sneesby	1.11.00	1.13.47	1.14.80	100m Ind Medley	14	02.47
Christopher Sneesby	32.77	32.77	32.77	50m Fly	14	00.00
Christopher Sneesby	32.77	32.77	32.77	50m Fly	14	00.00
Georgia Langton	36.72	36.97	36.97	50m Fly	14	00.25
Georgia Langton	1.21.74	1.25.69	1.25.69	100m Ind Medley	14	03.95
Grace Barnacle	1.24.76	1.25.67	1.25.67	100m Ind Medley	14	00.91
Katie Shelton	1.17.24	1.18.11	1.18.11	100m Ind Medley	14	00.87
Katie Shelton	34.78	37.93	37.93	50m Back	14	03.15
Katie Shelton	35.12	35.27	35.27	50m Fly	14	00.15
Rakshansingh Parmessur	31.84	31.98	31.98	50m Fly	15	00.14
Rakshansingh Parmessur	1.13.33	1.15.77	1.15.77	100m Ind Medley	15	02.44

Number of Pbs Achieved 38

Number of 1st places

Number of Disqualifications

08 February 2016

PBs 07/02/2016

LASA

Braunstone

Pool Length

25m

<i>Name</i>	<i>PB</i>	<i>Prev. PB Lifetime</i>	<i>Prev PB Last 12 months</i>	<i>Stroke</i>	<i>Age</i>	<i>Improvement</i>
Bhaveshsingh Parmessur	42.25	42.83	42.83	50m Free	10	00.58
Foteini Kalkanis	38.13	42.88	42.88	50m Free	10	04.75
Foteini Kalkanis	47.55	52.21	52.21	50m Breast	10	04.66
Jenson Johns	36.34	37.25	37.25	50m Free	10	00.91
Jenson Johns	1.29.07	1.30.48	1.30.48	100m Ind Medley	10	01.41
Jenson Johns	47.82	48.01	48.01	50m Breast	10	00.19
Oliver Kang	49.43	52.99	52.99	50m Breast	10	03.56
Oliver Kang	39.09	39.97	39.97	50m Free	10	00.88
Hayley Cliffe	42.64	43.28	43.28	50m Breast	11	00.64
Hayley Cliffe	36.62	38.68	38.68	50m Free	11	02.06
Keeva Stopforth	37.06	37.09	37.09	50m Free	11	00.03
Laura Luthi	48.69	49.81	49.81	50m Breast	11	01.12
Laura Luthi	34.47	35.18	35.18	50m Free	11	00.71
Laura Luthi	1.27.10	1.27.45	1.27.45	100m Ind Medley	11	00.35
Lewis Newcombe	34.74	35.89	35.89	50m Free	11	01.15
Lewis Newcombe	47.46	47.72	47.72	50m Breast	11	00.26
Lewis Newcombe	1.24.31	1.27.46	1.27.46	100m Ind Medley	11	03.15
Rea Maxwell	37.67	39.81	39.81	50m Free	11	02.14
Rea Maxwell	51.34	55.23	55.23	50m Breast	11	03.89
Austin Johns	30.73	30.95	30.95	50m Free	12	00.22
Austin Johns	40.21	40.40	40.40	50m Breast	12	00.19
Charlie Goddard	35.40	35.64	35.64	50m Free	12	00.24
Daisy Robson-Jones	44.37	44.47	44.47	50m Breast	12	00.10
Emily Langton	46.22	48.58	48.58	50m Breast	12	02.36
Benjamin Cliffe	32.20	33.15	33.15	50m Free	13	00.95
Emma York	33.61	33.91	33.91	50m Free	13	00.30
Grace Mayes	33.87	33.89	33.89	50m Free	13	00.02
Harry Preston	32.98	33.94	33.94	50m Free	13	00.96
Kate McCallister	32.31	33.79	33.79	50m Free	13	01.48
Kate McCallister	41.38	41.57	42.34	50m Breast	13	00.19
Christopher Sneesby	29.22	29.58	29.58	50m Free	14	00.36
Christopher Sneesby	39.03	40.46	40.46	50m Breast	14	01.43
Grace Barnacle	32.10	32.80	32.80	50m Free	14	00.70
Katie Shelton	31.28	31.42	31.42	50m Free	14	00.14
Katie Shelton	1.17.12	1.17.24	1.17.24	100m Ind Medley	14	00.12
Katie Shelton	41.63	42.15	42.15	50m Breast	14	00.52
Puneet Rekhi	33.78	34.11	34.11	50m Free	14	00.33

<i>Name</i>	<i>PB</i>	<i>Prev. PB Lifetime</i>	<i>Prev PB Last 12 months</i>	<i>Stroke</i>	<i>Age</i>	<i>Improvement</i>
Claire Sun	40.72	41.11	41.55	50m Breast	15	00.39
Rakshansingh Parmessur	1.11.70	1.13.33	1.13.33	100m Ind Medley	15	01.63
Sam McCallister	28.73	28.82	28.82	50m Free	16	00.09
Darpan Rekhi	27.57	27.81	27.81	50m Free	OP	00.24
Maciej Mosiolek	29.74	30.08	30.08	50m Free	OP	00.34

Number of Pbs Achieved 42

Number of 1st places

Number of Disqualifications

08 February 2016