



Swimmers of the month

Madison Morrell

Krishna Gosavi

Emma York

Emily Roth

For achieving the largest improvement in times in this years minimeet

Merry Christmas and a Happy New Year!!!



December 2014

LASA Young Teams

Birthdays!

Andrew Marriot 1st

Raeesa Dossaji-Makda 2nd

Krishna Gosavi 3rd

Christopher Sneesby 16th

Anastasia Dundure 18th

John Steele 19th

Luca Galoppi 21st

Chelsea McKay 21st

Ruby Freer 22nd

Skye Hayward 23rd

Jordan Curtis 26th

Thomas Smith 29th

Maariya Daud 29th

HAPPY BIRTHDAY!!!

At the end of November our Age 10 & U and Age 12 & U juniors took part in the LASA Young Teams Gala. Last year we narrowly missed promotion by a single point and so our swimmers lined up in the division 2 event.

Our swimmers were OUTSTANDING! By race 9 (of 13) it was obvious to all that we were on our way to victory and even one of the LASA organisers came to tell us to not let any of the team go home because they had prizes to collect!

Many a year I have gone to this gala and watched our team hold their own but miss promotion every time – NEXT YEAR WE ARE IN DIVISION 1 alongside Sharks, Penguins, Braunstone, Hinckley and Coalville!

The challenge will be to stay there – but we have a year to work on that. Incidentally we would have beaten the two teams promoted to division 1 ahead of us last year. A cracking way to end the year!

TEAM – Age 10 Austin Johns, Lewis Newcombe, Euri Euste, Charlie Sneesby, Charlie Goddard, Emily Langton, Eloise Raine, Daisy Robson-Jones, Hayley Cliffe. **Age 12** Chris Sneesby, Harry Preston, Ben Cliffe, Alex Hulson-Brown, Katie Radburn, Grace Barnacle, Kate McCallister with **Captains** – Katie Shelton & Chelsea McKay

Fixtures

Saturday 17th Jan – Senior A & B Leicester Winter league (6pm warm up)
location TBC

Sunday 25th Jan - Sprint and last chance county qualifier gala – DMU (2pm warm up)

New Speed Awards

CONGRATULATIONS

New County Qualifications

Mine Avul – 50 free; Madison Morrell & Ben Cliffe -100 IM; Grace Mayes, Emily Langton & Georgia Langton – 200 IM; Luke Hulson-Brown -200 back; Chris Sneesby & Harry Preston 200 breast; Daisy Robson-Jones & Grace Mayes 400 free.

Platinum Awards

Harry Preston – middle distance backstroke

Katie Shelton – Breaststroke sprint

Austin Johns – Freestyle sprint

Gold Awards

Middle Distance

Mine Avul, Grace Mayes, Lewis Newcombe –freestyle

Chris Sneesby, Eloise Raine, Daisy Robson-Jones –breaststroke

Daisy Robson-Mayes, Grace Mayes –IM

Sprints

Daisy Robson-Jones, Kate McCallister, Mine Avul, Georgia Langton - Fly

Harry Preston, Ben Cliffe, Alex Hulson-Brown – Back

Daisy Robson-Jones, Eloise Raine, Madison Morrell, Chris Sneesby, Kailan Chauhan, William Tomkins - Breast

Grace Mayes, Emma York, Georgia Langton – Free

Silver Awards

Middle Distance

Emily Roth, Madison Morrell – freestyle

Sprints

Harry Preston, Gemma McDonnell, Nadia Makadam - Fly

Charlie Goddard, Emily Roth – Back

Emily Langton – Breast, Ethan Perreira, Mine Avul, Ben Cliffe - Breast

Nadia Makadam – Free

Madison Morrell - IM

Bronze Awards

Sprints

Vivek Bulsara, Shayna Prajapati, Keeva Stopforth - Fly

Nadia Makadam – Back

Nadia Makadam - Breast

Hazel McDonnell – Free

School Bronze Awards

Sprints

Charlie Goddard - Fly

Nikhil Chauhan, Dania Al-Hashimi, Rea Maxwell, Alex Roth, Dhillan Bulsara, Hoi-Kay Wilson – Back

Alex Roth, Keeva Stopforth, Rea Maxwell, Sohail Mohinudeen, - Breast

Bhaves Parmessur, Hoi-Kay Wilson, Dhillan Bulsara, Daisy Johnson, Parth Dharne, Umer Hashim, Guyhana Webb – Free

See Chris for your badges!

Training Times

Juniors

Monday DMU 7.00 – 8.30

Tuesday DMU 7.00 – 8.00

Wednesday DMU 8.00 – 9.30 (invitation only)

Thursday Evington 7.00–8.00 (8.00-8.30 invitation only)

Friday Evington Development 12 week free trial 7.30 – 8.00

Blue / Bronze / Silver Squads 8.00 – 8.45

Mini-Meet / Gold & Platinum Squads 7.30 - 8.45

Seniors & Masters

Monday Evington Seniors & Masters

8.00 – 9.30

Wednesday DMU Seniors 8.00 – 9.30

Thursday Evington Seniors 8.00 – 9.30

Masters 8.30 – 9.30

Friday Evington Seniors & Masters

8.45 – 9.45

Mini-Meet Report

What a fantastic set of results for the 15 swimmers who took part in the Mini-Meet Series this year run by the City of Leicester performance club.

All swimmers improved their times over the three month period from entry to final result. Of the swimmers who competed in **all 3 rounds**, the final placings were as follows

Age 9 boys (12 entries)	Lewis Newcombe 2 nd	silver medal winner!
Age 9 girls (20 entries)	Hayley Cliffe 5 th	
	Keeva Stopforth 11 th	
Age 10 boys (20 entries)	Charlie Sneesby 10 th	
	Charlie Goddard 11 th	
Age 10 girls (24 entries)	Daisy Robson-Jones 3 rd	bronze medal winner!
	Eloise Raine 10 th	
Age 11 boys (23 entries)	Ben Cliffe 5 th	
Age 11 girls (35 entries)	Tyla Malcolm 11 th	
	Emma York 22 nd	
	Emily Roth 25 th	

Other swimmers were Krishna Gosavi, Nikhil Chauhan, Rhys Newcombe and Madison Morrell.

Biggest Improvers from entry times

1st – Madison Morrell – 26s 200 free & 10s 100 IM (11% reduction in times)

2nd – Krishna Gosavi – 32s 200 free & 6s 100 IM (10% reduction in times)

Emma York – 23s 200 free & 9s 100 IM (10% reduction in times)

Emily Roth – 28s 200 free & 7s 100 IM (10% reduction in times)

Well done to all of these swimmers who have now moved on to either our Platinum or gold squads. We are presently looking at swimmers to train for the Mini-Meet 2015 of which there are around 12 identified so far. Swimmers must be aged between 9 and 11 by the date of the last round in December 2015 and must train a minimum of twice per week. They must be able to swim 25m (preferably 50m) of all 4 strokes legally and have the potential to train for longer distances. Please speak with us if you would like us to consider your child for next year.

We believe that this series helps to develop well-rounded swimmers and kick-starts them into a pattern of training that can help them to be successful club swimmers later on.

Alison McCallister (diddy team manager)

