



Swimmer of the month

Lewis Newcombe

**For consistant hard work
and a stand out
performance in this
months minimeet!!!**

Remember!

All swimmers should have a drink with them at every training session and they need to be on poolside 10 minutes before each session in order to take part in a poolside warmup!
Thanks!

November
2014

Birthdays!

Shayna Prajapati 3rd
Thanisha Prajapati 4th
Dhilan Bulsara 6th
Claire Sun 7th
Safeenah Kadir 8th
Guyhana Webb 9th
Grace Mayes 10th
Kathryn Jackson 10th
Vivek Bulsara 21st

Let's also wish a very
happy Birthday to
Belinda Howell who
turns 50 this month!!!

Volunteer of the Month!

Goes to Min Chauhan!!!

Min works tirelessly behind the scenes ensuring that our galas run smoothly by getting the right officials, helps monitor training registers and keeps the content up to date on our website. All of this on top of being a committee member. Thank you Min for your time, the club wouldn't run without volunteers like you!

Beer and Skittles

Skittles is on Saturday December 6th at 7pm Rose and Crown Houghton on the Hill - Contact Steve for a ticket.

Sue Sutton

LNSC Secretary
secretary@lnsc.org.uk

Fixtures

29th November - Diddy Team - Young Teams relay gala at Braunstone leisure Centre (17:30 warm up)

13th December - senior – Leicester league final (time and location TBC)

14th – Minimeet squad - Minimeet at DMU (12:00 warm up)

New Speed Awards

CONGRATULATIONS

New County Qualifying times

50 breast – Madison Morrell, Uzair Mohinudeen, Kimia Hashimi. **400 IM** – Eloise Raine, Austin Johns, Kate McCallister, Katie Shelton, Chris Sneesby, Claire Sun. **100 backstroke** – Roy Weller, Davina Sicotra, Katie Shelton, Eloise Raine. **200 Fly** – Katie Shelton. **200 Free** – James Roberts, Roy Weller, Verity Howell, Harry Preston

New Platinum Awards

Sprint Awards: Backstroke – Denisha Patel, James Wood
IM – Kate McCallister

Middle Distance Awards: Freestyle – Luke Hulson-Brown, Victoria Malone

New Gold awards

Sprint Awards: Freestyle – Mine Avul
Breaststroke – Eloise Raine, Madison Morrell, Katie Radburn, Alex Hulson-Brown
Butterfly – Austin Johns
Backstroke – Austin Johns, Eloise Raine
IM – Ben Cliffe

Middle Distance Awards: Freestyle – Uzair Mohinudeen, Alex Hulson-Brown, Grace Barnacle, Harry Preston, Daisy Robson-Jones
Breaststroke – Alex Hulson-Brown
Butterfly – Katie Shelton

New Silver Awards

Sprint Awards:
Breaststroke – Georgia Langton
Backstroke – Mine Avul, Lewis Newcombe
IM – Hayley Cliffe, Lewis Newcombe
Middle Distance Awards: Freestyle – Hayley Cliffe, Emma York
Breaststroke – Madison Morrell, Harry Preston
Butterfly – Georgia Langton
IM – Lewis Newcombe

New Bronze Awards

Sprint Awards:
Breaststroke – Hazel McDonnell, Daisy Johnson, Emily Roth, Ronak Lota, Adam Judd
Butterfly – Euri Euste
Backstroke – Keeva Stopforth, Daisy Johnson, Shayna Prajapati, Ethan Perreira
IM – Keeva Stopforth, Charlie Goddard, Krishna Gosavi
Middle Distance Awards: Freestyle – Ethan Perreira, Emily Steel, Rea Maxwell
Breaststroke – Jenson Johns, Kurren Adatia, Vivek Bulsara
Butterfly – Kate McCallister

New School Bronze Awards

Katie Kirk (Butterfly), Mana Hejrati (breaststroke)

See Chris for your badges!

Training Times

Juniors

Monday DMU 7.00 – 8.30
Tuesday DMU 7.00 – 8.00
Wednesday DMU 8.00 – 9.30 (invitation only)
Thursday Evington 7.00–8.00 (8.00-8.30 invitation only)
Friday Evington Development 12 week free trial 7.30 – 8.00
Blue / Bronze / Silver Squads 8.00 – 8.45
Mini-Meet / Gold & Platinum Squads 7.30 - 8.45

Seniors & Masters

Monday Evington Seniors & Masters
8.00 – 9.30
Wednesday DMU Seniors 8.00 – 9.30
Thursday Evington Seniors 8.00 – 9.30
Masters 8.30 – 9.30
Friday Evington Seniors
8.45 – 9.45

